

ANTI-AGING • ENHANCEMENT • WELLNESS

# elevate

AUTUMN 2005

win a  
*total*  
makeover

**Carla Collins**  
"One more fake  
part and I might  
be bionic"

**No More  
Stretch Marks**  
get rid of them –  
for GOOD

**Ballet for beginners**  
Get fit now



## COVER UP

Want to cover up your sun spots without IPL or laser? Makeup lines, such as M.A.C, Cover F/X and Face Atelier, offer heavier coverage than typical brands in a shade close to your skin tone. "Face Atelier's Ultra Foundation is a silicone-based emulsion that floats on top of the skin," says Debbie Bondar, founder of the company. "It's highly pigmented, so it covers and builds. It's excellent for sun spots, especially if you use a foundation brush, which helps you waste less of the product and gives you perfect control." Available in 10 shades, the foundation is made even more flexible by adding a drop of Zero Plus (a complex brown) to go a shade darker, or Zero Minus (a pure white) to lighten – so you can match your skin tone exactly, no matter how much it changes from season to season. Choose a foundation with SPF 30 or remember to wear your sunscreen – year round – under your makeup to protect your skin from any form of skin cancer.

AUTUMN 05 \$5.00 CDN



WE TELL YOU WHAT THE OTHER BEAUTY MAGS DON'T!

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